



Session Information

Opening Plenary: Decolonizing Wealth Talk Story with **Edgar Villanueva**, Decolonizing Wealth Project and Liberated Capital and **Dawn Mahi**, Consuelo Foundation's Hawai'i Programs

Abstract: Grab the front row seats for what promises to be a provocative conversation about the oppressive dynamics at play currently in philanthropy and finance, and how to restore balance through indigenous wisdom to heal divides. Edgar Villanueva, nationally recognized author and expert on social justice philanthropy will chat with Consuelo Foundation's Dawn Mahi. The two philanthropists will discuss themes from Villanueva's book Decolonizing Wealth.

From Chaos to Clarity: How Creating a Strategic Fund Development Plan Will Guide You Through The Tough Times, Jennifer Oyer, CFRE, CFRM, Community Impact Advisors

Abstract: The pandemic wreaked havoc on everything, and nonprofits carried much of the burden of providing services to those in need while fundraising faced new challenges. Throughout the challenges and chaos of the past year, one thing became clear: organizations with a Fund Development Plan stayed the course, following their roadmap and remaining focused, and came out on the other side more resilient, more connected with their donors, and financially sound.

A thoughtfully crafted Fund Development Plan ensures your organization knows where its funding comes from, what triggers donors to give generously, and offers a clear roadmap to navigate the organization's financial footing, regardless of what external factors might emerge. The muscle memory built during COVID informs how nonprofits move forward, and building those shifting paradigms into your Plan ensures you'll stay on track and deploy best practices to position your organization as a leader in your sector.

Trauma and Wellness in the Nonprofit Sector - Danny Goya, Kamehameha Schools, with opening remarks by David Tumilowicz, Kaiser Permanente

Abstract: COVID-19 has been the source of tolerable and toxic stress for our communities, families, keiki, 'ohana, educators and all of our public, private and non-profit sector administrators and line staff. We need to identify and address the "unmet" need of our early learning environment participants and through a process of "Relief, Recovery & Reform" build wellness and resilience through trauma-informed strategies.

Re-Imagining Boards: A Talk Story with Anne Wallestad, BoardSource and Ku'ulani Keohokalole, People Strategies Hawai'i

Abstract: As the pandemic prompted so many of our organizations to deeply think about the needs of the communities we serve and rapidly changing to meet those needs, many are also asking if our boards, as they exist today, are equipped to advance impact. Join Anne Wallestad, President & CEO of BoardSource, in a talk story chat with Ku'ulani Keohokalole of People Strategies Hawai'i to re-imagine how nonprofit boards can be better positioned and equipped to lead us toward a more diverse, equitable and inclusive future.

Talent Within: Lessons on Resilience & Strength in Hawaii's Workforce During the Pandemic, Kawika Riley, KUPU; Omar Sultan, Sultan Ventures; moderated by Susan Tai, Economic Development Association of Hawai'i

Abstract: As Hawai'i's workforce composition shifts with changes in demographics and the economy, and in the midst of the COVID-19 pandemic, there are opportunities for the complete reframing of how we see "work" in Hawai'i - with the redeployment of workers, maximization of skill sets in creative ways for optimal community strengthening. This session explores the latest programs that are catalyzing and redefining our modern workforce and the values that sit behind it, while layering in the complexities of managing human resources in the current pandemic.

Liberating Structures Learning Labs, facilitated by Elena Farden, Native Hawaiian Education Council and Christopher Molina, Liliu'okalani Trust

Abstract: Liberating Structures (LS) is a framework of 33 microstructures that introduce tiny shifts in the ways we meet, learn, decide and relate to one another. Inspired by keynote speaker Edgar Villanueva's Seven Steps To Healing, we've curated four LS structures around Grieve, Listen, Relate, and Represent in this immersive, four-session learning lab. Each session will build from one another and is purposefully designed to let you learn by doing through intense, fast-paced, fun and inspiring engagement. We encourage you to join all four sessions as a full Liberating Structures experience.

Note: There will be 4 Liberating Structures Learning Labs offered over the two days of the conference. Due to the highly interactive and additive nature of these sessions, space will be limited to 50 people and we're asking those who sign up to commit to attending all 4 sessions. Reserve your spot today!

Plenary: Change, Not Charity: A Path to Collective Liberation (A local perspective on Decolonizing Wealth), Micky Huihui and Matthew Ing, Hawai'i People's Fund

Abstract: Hawai'i People's Fund supports, funds, and amplifies the stories of Hawai'i-based grassroots organizations challenging systems of oppression, and since 1972, this community-driven social justice grantmaking foundation has given all of us an opportunity to be a part of something bigger than ourselves. HPF is the only organization in the world specifically addressing the needs of progressive grassroots movement builders in Hawai'i. Initially formed in response to short-sighted development efforts, economic and social disparities, and indigenous dispossession in Hawai'i, for almost 50 years, the HPF 'ohana has challenged inequities by resourcing and advocating for those upending and healing the effects of it.

Join Executive Director Micky Huihui and Board President Matt Ing to hear the history of this house the People built, the incredible folks propelling the legacy of community giving and doing, and learn how you can plug in to a path of collective liberation.

Shifting Funding Paradigms: Full Cost Bright Spots, Claire Knowlton, Nonprofit Finance Fund

Abstract: The nonprofit sector needs better ways to talk about cost. Full cost names and claims all the financial resources it takes to run an effective nonprofit organization for the long haul. Full cost is a critical framework for [advancing equity](#) and it's one of [Trust-Based Philanthropy](#)'s best pals. Join Claire Knowlton of Nonprofit Finance Fund as she shares bright spots and lessons learned along NFF's journey to launch the **Full Cost Project**, working to build a movement for change and shifting paradigms around equity in finance. She'll reflect on the ingredients that created success as well as how "seeing differently" made change possible.

Partnering for CHANGE in Hawai'i, Larissa Kick and Elise von Dohlen, Hawai'i Community Foundation, Miki'ala Lidstone, Ulu A'e Learning Center

Abstract: Join Hawai'i Community Foundation to learn about the CHANGE Framework and how nonprofits are creating CHANGE in Hawai'i. Two CHANGE Grantees will share how they build resilience for their communities by creating partnerships, focusing on equity, and using data and evaluation.

Plenary: Sector Talk Story

Abstract: An opportunity to come together, reflect and dream big about how to shift paradigms in the nonprofit sector to honor, uplift and restore indigenous ways of thinking, knowing and being in Hawai'i.

HANO Annual Meeting, Jim Murphy, HANO Board Chair

Abstract: Recognizing incoming and outgoing board members and a short update on HANO state of affairs.

Plenary: Leading on the Journey: Mental Health Journeys and Coping from Nonprofit Leadership, Heather Lusk, Hawai'i Health and Harm Reduction Center; Gavin Thornton, Hawai'i Appleseed for Law and Justice; Ron Mizutani, PBS Hawai'i; moderated by Trisha Kajimura, Hawai'i Health and Harm Reduction Center

Abstract: Mental health is a lifelong journey we are all on. Degrees of intentionality differ but we all develop coping skills and practices that serve us in our professional and personal lives. Community and organizational leaders carry the additional responsibility of shaping environments that affect the wellness of others. How do leaders stay true to their own journeys as they fulfill their responsibilities? Our mental health and leadership plenary panelists share their experiences and reflections from the path.

Plenary: Weaving the Net: Co-Creating for Community Wellbeing, Marisa Hayase, The Harry and Jeanette Weinberg Foundation and Janis Reischmann, Hau'oli Mau Loa Foundation, and their nonprofit partners; moderated by Lisa Maruyama, HANO

Abstract: This final plenary offering for HANOCON 2021 will welcome voices from philanthropy, government and community based nonprofit partners.

The conversation will explore key questions:

- How do private and government funders and nonprofit partners support each other in their growth and in community strengthening?
- How do they each tap their lived experiences toward this end? How do we honor what each person brings to this work for true co-creation?
- How do they build trust?
- What are the behaviors that signal that they're authentically doing this work together?
- What really matters in measuring community health and community well being?
- What's on the horizon? What are the opportunities?

Nourishment for Your Mind, Body and Soul, wellness offerings rooted in indigenous knowledge is woven throughout the two days of HANOCON 2021. Offerings were gathered from organizations from across the state, including from Oahu, Hawaii, Kauai, Maui, Molokai and Lanai.

Abstracts:

Hui Mālama Ola Nā 'Ōiwi

Lau'au Lapa'au with Hui Mālama Ola Nā 'Ōiwi

Po'okela Ikaika Dombrignes is a Hawai'i Island based Native Hawaiian Kahuna Lapa'au which includes the practices of La'au Kahea, La'au Lapa'au, Lomilomi Ha Ha and Ho'oponopono. Po'okela Ikaika facilitates the education services in the La'au Lapa'au program at Hui Mālama Ola Nā 'Ōiwi (HMONŌ). In this video, he shares the knowledge from the past to save the future of our Native Hawaiian culture. It is important to respect and perpetuate the huna mana which has been passed down to us from Te Atua and our ancestors.

To learn more about the Traditional Hawaiian Healing program and the many other services offered, visit our website at hmono.org or call our office at (808) 969-9220.

You can also sign up for services by selecting the calendar tab and services sign up. A staff member will call you or send you an email to complete your registration.

Self Care: Breathing, Stretching, and Lomi Lomi with HMONO

The Self Care: Breathing, Stretching and Lomi Lomi video was developed for the 20th Annual Ladies' Night Out Drive-Thru event. Usually, our Ladies' Night Out event is hosted in-person as an annual wellness event for women in need that promotes self-care, self-esteem, and overall health through free health screenings, health education, massage, pampering services, arts and crafts, healthy foods, and connecting to other community resources for sustainability. Due to the current pandemic, Hui Mālama Ola Nā 'Ōiwi hosted a drive-thru event in 2020. This video was designed to promote stress relief, a key component to women's health promotion, through proper breathing and self lomi lomi demonstration. To learn more about other services that promote a healthy lifestyle, visit hmono.org or call us at (808) 969-9220!

Waiwai Collective

Lomi lomi with Keola Chan from RESILIENT + ABUNDANT LIVING SERIES

Waiwai Collective is a group of Native Hawaiian entrepreneurs who share kuleana and a passion for uplifting the lāhui. Our mission is to cultivate a community that takes the creative risks necessary to put collective values into daily practice, affirm shared responsibilities, and learn together to create a more

waiwai future. Waiwai Collective created this series as an in-house resource to foster resilient and abundant living in this time where we are facing unprecedented and accelerated change. The Resilient and Abundant Living Series features several Ka Waiwai co-work and corporate members and value aligned producers to provide you with an array of experiences, activities, and workshops. Waiwai Collective invites you to check out our new website at waiwaicollective.com where you can sign up and learn more about Hawai'i's first Virtual Co-Work Space.

Diaphragmatic Breathing with Mental Health America of Hawai'i

Mental Health America of Hawai'i's Diaphragmatic Breathing training was presented as part of its six-part Munch & Learn series this summer. The series was created in an effort to provide participants with quick tools they can deploy to aid in coping with stress and anxiety, and to promote mental wellness. For more information on MHAH, write to us at info@mentalhealthhawaii.org. The complete Munch & Learn series can be viewed at the following playlist: <https://www.youtube.com/playlist?list=PLImc-0x0-GrIDyMzlaDtjmicSsL1Sq9>

Sust 'āina ble Moloka'i

Sust 'āina ble Molokai is a 501c3 non-profit organization whose mission is to maintain the island of Molokai's rich culture and historic legacy of 'āina momona (abundant land), while embracing modern pathways to a sustainable future. Sust 'āina ble Molokai works to advance local efforts that build on existing community assets and address inherent challenges. One of its primary goals is to rebuild its local food system to help address some of the key issues facing its communities -- namely, health, wealth, and educational disparities.

This video was part of Sust 'āina ble Molokai's 'Ai Pono Program in 2018. Here, Tammy shares her laulau & stir fry recipes while she talks story about the importance of healthy & culturally significant food in schools. While that program ended, Sust 'āina ble Molokai carried on the message of this video in its Fresh Fruits and Vegetable program, where they bring fresh produce into Molokai's elementary schools and teach kids about their food. The pandemic has since interrupted this program. Sust 'āina ble Molokai will revisit and restart when they're able to do so again.

Sust 'āina ble Molokai also pivoted to establish an emergency relief coalition, which included purchasing locally-sourced meat and fish for its 22 island food pantries. These programs encapsulate Sust 'āina ble Molokai's commitment to health and sustainable food systems—through building relationships with local farmers and being creative and resourceful with the ingredients they have. For more information, please visit www.sustainablemolokai.org.

Kohala Center

Kohala Mountain Music Project

The Kohala Mountain Music Project took The Kohala Mountain Boys, a band of Hawaiian musicians and storytellers, on an unexpected journey. With clear intentions to discover unrecorded heirloom songs of Kohala, the path presented itself and the Boys merely followed, unearthing not only two beautiful mele of and from Kohala, but guiding two women from the same 'ohana to find and meet each other for the first time. Each stressed how important family was to their respective fathers—the composers of these songs—and how deeply and intimately each man loved Kohala. It soon became apparent that both their fathers had been busy “conspiring” from beyond the grave to bring these two arms of their family together for the first time in many years. Learn more about the project at koha.la/music.

He Lālā Ola: Ku'i Kalo

Learn how to make poi! Ka'iana Runnels, mahi'āina supervisor at The Kohala Center, is joined by The Center's partners in its He Lālā Ola initiative for a hands-on session covering how to steam, peel, process, and ku'i (pound) kalo (taro) to make poi. Chadd Paishon, PWO navigator with Nā Kālai Wa'a, also demonstrates how poi can be preserved for up to two months. Launched in 2021, He Lālā Ola created a community provisioning hub established by Native Hawaiian farmers for Native Hawaiian families in response to the need for healthy, locally grown food, now and into the future. See more videos on how to make banana and 'ulu flour, lū'au chips, mac nut butter, and more at koha.la/he-lala-ola.

Ways to connect with the Kohala Center:

Website: kohalacenter.org

Facebook: facebook.com/thekohalacenter and facebook.com/kahaluubay

Instagram: instagram.com/thekohalacenter and instagram.com/kahaluubay

Vimeo: vimeo.com/thekohalacenter

Iwi Kua

Iwikua serves as a wellness resource for the westside of Kaua'i through sustainable food production, fitness, and cultural education to benefit the community and future generations. The video showcases Iwikua's programs and how we're helping to address health and wellness in our community through food sustainability and sovereignty, from seed to sale. For more information, check out iwikua.org and social media @iwikua, @hookoae, @makanatrainingcenter.

Na Pu'uwai

Dr. Landon Oponui from Na Pu'uwai presents on the 3 levers of nutrition framework and/or 3 concepts of kanaka wellness (energy, work, & love: Mana, Hana, Aloha).